## - Cross Country Jumps

Teacher Copy

| Name |  | Description |
| :---: | :---: | :---: |
| Post and Rail Fence (Vertical) |  | Also called "Upright" Planks or poles with no width (spread) |
| Table Jump |  | A wide, flat jump |
| Picnic Table |  |  |
| Arrowhead |  | Also called "Chevron" |
| Corner Jump |  |  |
| Rolltop |  |  |
| Stone wall |  |  |


| Gate |  | A vertical jump. |
| :---: | :---: | :---: |
| Oxer (Ascending) |  | Two or more verticals placed, \& jumped, together. Also called a "spread" The closest pole the lowest. <br> Standards not connected. |
| Oxer (Triple Bar) |  | Three rails all attached to the same standard. |
| Coop |  | Triangular, widest at bottom. Very common on cross country courses. |
| Triangle Fence |  | Also called a "tiger trap". |
| Ski Jump |  | Only $\frac{1}{2}$ of a triangle <br> Also called "Ramp" |
| Fan |  | Rails on one side are spread out with standards to look like a fan when viewed from above. |
| Water Jump |  | Any jump where your mount will touch the water, either before or after jumping, or both. |

Brush Jump

| Skinny |  | Distance between the standards is reduced |
| :---: | :---: | :---: |
| Combination jumps |  | Two or more obstacles to be jumped as one; usually labeled A and B. |
| Closed Combination |  | A combination of two or more sets of jumps where the sides are closed in and the only way out is by jumping. Not allowed for D rates. |
| Combo: <br> Bank \& Water |  |  |
| Comb: <br> Ditch \& Brush |  |  |

Created by the Shore Riders Pony Club, Delmarva Region, 2010


## Identify these jumps:



Oxer $\qquad$

$\log$ jump

stone wall


water jump
vertical $\qquad$
$\qquad$ brush jump $\qquad$

bank $\qquad$ $\ldots$ coop $\qquad$
$\square$ table top


